

CHAPTER EVENT

Quick Start Package!

Season: Winter

Theme: “Cold Days, Warm Hearts”

Meta Theme: *“Love for God and man is the true incentive in both healing and teaching. Love inspires, illumines, designates and leads the way.”*

– S&H 454:17-19

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Pre Game

CHECKLIST

PRE GAME

- Prayer
- Determine event budget
- Reserve date & location
- Delegate event helpers
(RSVP contact, carpool contact, event day helpers/chaperones, practitioner)
- Advertise
(email flyer, share at churches, social media, in person, phone calls, post on DB website calendar)

GAME DAY

- Event Prep
(helpers/chaperones arrive, food, welcome table)
- Check-In
(sign "Photo & Testimony Release," collect fee, sign permission forms if necessary)
- Games & Inspiration
- Event Wrap-Up
(debrief, reflection, gratitude)

POST GAME

- Follow up thank you message to entire chapter (even those not in attendance) - include directions on how to upload photos to DB online photo gallery
- Complete event report for chapter credits!

EMAIL TEMPLATE

Subject: (Sample) Join the DB Cold Days-Warm Hearts Event!

Email: Mark your calendars for the DiscoveryBound _____ chapter *Cold Days Warm Hearts Event!* Join us at _____ (location) at ____ (time), on _____ (date), for an afternoon of fall festivities and inspiration! Our metaphysical theme for the event is _____! Everyone is invited! Share this with your church and bring your family and friends, or make new ones! Refer to the attached flyer for more details, including how to RSVP and what to bring.

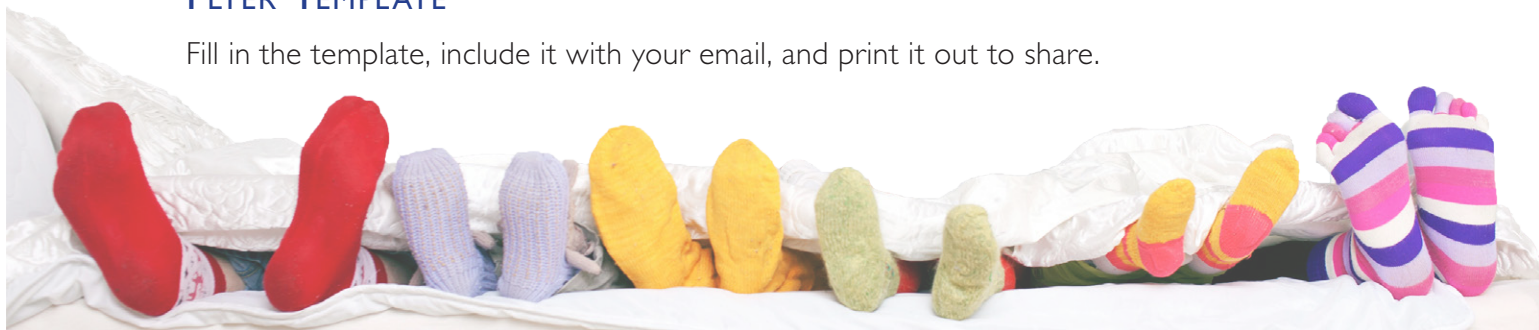
Looking forward to seeing you there,
_____ (name)___ DiscoveryBound Chapter

HOW TO POST ON OUR FB PAGE

See the "How to Advertise on DB's Facebook Page" and "Facebook Guidelines for Chapter Workers" documents in the Appendix or watch the "How To" video: <https://vimeo.com/65331376>

FLYER TEMPLATE

Fill in the template, include it with your email, and print it out to share.



Game Day

WINTER ACTIVITY IDEAS

- Sledding
- Ice Skating
- Snowshoeing
- Downhill & XC Skiing/Snowboarding
- Board Game Night
- SuperBowl Party or *Souperbowl Party (Soup Kitchen)
- DB Winter Olympics
- Broom Ball - Rent a rink or find a frozen pond and set up goals. You can use hockey sticks or brooms with a rubber ball or hockey puck. Wear boots and go for it!
- Chocolate Valentines Party & Gigantic Pillow Fight!

HOLIDAY FUNDRAISER ACTIVITY IDEAS

1. **Carol-O-Grams**

This is a good holiday fundraising event. Sell singing telegrams to church and community members. Take orders for a month prior to the event. Allow the purchaser to fill out a Christmas card (or other holiday or special event) to be delivered upon the singing of the Carol-O-Gram. As a group, go around and sing the carols to those individuals.

2. **Christmas Tree Sale**

Contact a farm in the area and negotiate a price per tree. Sell your trees for a profit. This makes big bucks. You can turn a backyard into a lot, rent a parking lot, or sell them directly to homes. Tree cutting can also be a fun holiday activity.

3. **Wreath Sale**

Put your creative skills to work and take orders for Christmas wreaths during the holidays. This works well because you know how much you will make before the event actually takes place. You can incorporate caroling or some other activity with the delivery of the wreaths if you choose.



4. **Valentine-O-Gram**

Buy carnations, create little cards and allow people to purchase them for their friends and loved ones. The church, community or schools are great places to sell these Val-O-Grams! You may want to put some heart candies or Hershey kisses in a bag along with or instead of a flower and card. Presentation is key!

HOLIDAY ACTIVITY IDEAS

1. **Thanksgiving Gathering**

Enjoy a traditional Thanksgiving feast with your friends and loved ones. Make it potluck. Also consider inviting individuals from the community who may not have a place to go for Thanksgiving.

2. **Thank You Letters/Bible Lessons to Soldiers Over Seas**

Get together with your chapter and write letters of Thanksgiving to the soldiers over seas. Pack the Thanksgiving Bible Lesson or other neat articles for them to read as well!

3. **A Christmas Story**

Go as a big group to see a play or musical in your community that has a Christmas Theme. (The Nutcracker, A Christmas Carol, etc) Congregate beforehand for cookies or a meal and make it a festive occasion.

4. **Christmas Caroling**

Organize a Chapter activity of caroling around a neighborhood, in a CS facility or at a local retirement home. Also consider hosting a joint "PrinSing" with a Principia Club.

5. **Care Package and Cookie Baking/Card Making**

Put together a care package(s)/decorate Christmas cards for a local charity and bake cookies for all of the participants.

6. **Gingerbread House Making Competition**

7. **Habitat for Christianity**

Just like Habitat for Humanity gets together and builds homes for those in need, get together with your local chapter/community but instead, for the holidays, choose a family's home/non profit organization/CS care facility (etc) to spend the afternoon decking out with Christmas lights & displays. Top the evening off by joining in a chapter



caravan of viewing neighborhood Christmas lights city-wide or sing Christmas Carols. (Check the newspaper or online for top recommended neighborhoods).

8. **Themed White Elephant**

Host a Christmas party where everyone has to bring something unique (purchased, used, or made) from the kitchen, for example. Have fun guessing what the purpose is of each kitchen gadget that gets unwrapped! After unwrapping all of the items, put them together in a care package for a specific charity.

9. **First Night**

Many large cities have an activity in their downtown which promotes a safe way of bringing in the New Year. Often activities will include concerts, arts, food, and fireworks. Go as a group!

10. **Owl Howl (or Lock-In Party)**

Find a YMCA, community hall, your local church, or a big house to have an all night party for New Year's Eve. Plan events throughout the night with food and inspiration.

GAME IDEAS

I. **Blizzard Blast**

The following games are great for a Winterfest especially in warmer climates. Decorate the area and name teams accordingly (ie. snowflakes, snowdrifts) Be creative.

- Ice Melting Contest: Each team gets a block of ice and must try to melt it using only their hands (rubbing it). Gloves are recommended! The ice is weighed at the beginning of the game and again after the game is over. The ice block that has lost the most weight wins. The game can go for about 5-10 minutes.
- Mining for marbles: Team members try to find marbles hidden in a large pan of crushed ice... using only their toes.
- Ski relay: Make skis (old shoes nailed to strips of wood) and have the kids put them on and race them. You can also do this with snowshoes.
- Snowmen Feed: Hold a pie-eating contest, using lots of whipped cream. No hands allowed.



2. **DB Winter Olympics**

Curling

- Supplies: 6 brooms, 4 plastic balls (one spare), webbing
- Set-up: create 3 lanes using webbing, layout 2 brooms and one ball per team, create target
- Description: Each team's objective is to get their team's ball into the bulls eye in the shortest time. In the first heat, two team members from each country join efforts to throw their ball in the direction of the target, then use their brooms to create enough wind to move their ball into the bulls eye. Record each pair's time. This process repeats for each heat until every contestant has competed. The winning team is the one with the lowest accumulative time.

Biathlon

- Supplies: finger darts and flying monkeys, props for obstacle course, trash cans
- Set-up: create obstacle course and set out trash cans as flying monkey targets
- Description: This event is a relay. One team member at a time runs through the obstacle course and reaches the flying monkey station. Once their monkey makes it into a trash can, their next teammate may begin the course while they finish. In the case of teams with uneven numbers, the small teams must send repeat contestants to even out the number.

Ice Dancing

- Supplies: iPod
- Set-up: Select music to be used for dances
- Description: Each team has 15 minutes to create a dance routine (5 remaining minutes for performance). Routine must involve every team member at some point and include at least 3 turns, 4 jumps, and 2 formations.
- Judging Criteria:
 - (3 Points) Choreography: dancers are in sync and coordinated with each other; dance includes at least 3 turns, 4 jumps, and 2 formations.
 - (3 Points) Creativity: original dance moves and formations
 - (2 Points) Character: dancers are "in the zone" and committed to the performance
 - (2 Points) Overall: performance is entertaining and creative



Hockey

- Supplies: hockey sticks, 2 pucks, helmets, pads
- Set-up: lay out sticks for both teams; set up 3 goals (can use pylons or cones)
- Description: Each team defends a goal. You can score on either of the two remaining goals. Referee may choose to have one or two pucks going at the same time. Friendly rules apply on checking and contact (keep it to a real minimum). Pucks that go “out of bounds” (into deep snow) will be placed back on ice and played by any other team that did not hit it out, or it may be thrown into the center of the ice by the referee. 2 equal halves of 8 minutes

Luge

- Supplies: 3 sleds, webbing
- Set-up: create lanes using webbing, lay out one sled per team
- Description: Every participant gets a turn to sled independently (one contestant from each team at a time). Record sledding times from start to finish line. To calculate the winning team, drop each team's slowest two scores and add the remaining times (teams with more contestants can drop more low scores to even out the times being calculated).

Snow Sculpting

- Supplies: SNOW!
- Description: Each team has 15 minutes to create a sculpture representative of their particular country (5 remaining minutes for judging). Must be predominantly snow-made and can also include other things found on the ground.
- Judging Criteria:
 - (5 Points) Design: visually interesting and neatly crafted
 - (5 Points) Creativity: original depiction of country

3. **Christmas Carol Charades**

Divide into two or more teams of 3-5 players. Give each team a pad of large size drawing paper and a marking pen. Each team is stationed in a different part of the room. A leader stands in the middle of the room at an equal distance from all the teams. He/She has a stack of 3x5 cards with names of Christmas songs printed on each one. Each team must be seated, and they pick someone from their group to go first. That person comes to you and is shown the name of the first song. (each team gets the same carol at the same time) When the leader says, “Go” the player who got the song must run back to his/her team and try to draw a picture that will



help their team guess the name of the song. Once the team has correctly guessed the carol, they must sing a few lines of it. The first team to do so is the winner of that round. Another person from the team is selected, a new song is given, and the game continues. The people who are doing the drawing may not talk, or draw letters or words-only pictures.

4. **The 12 Days of Christmas**

Divide the entire group into small teams. Each team should think of something that their “true love gave to me” that will fit into the song, “The 12 days of Christmas”. Each group must be assigned a few of the twelve days. The items that they come up with can be anything: “Six stinky sewers”, “Twelve green burritos”, etc. Encourage the group to be as creative and wild as they can be. After each team has had time to think of their “item” have them sing the song. At the appropriate time in the song, each team sings their item, and the song continues.

GET-TO-KNOW-YOU GAME IDEAS

1. **Two Truths and a Lie**

- Taking turns, the first person tells the group three statements about himself or herself.
- Two are true and one is a lie. Everyone tries to guess which one is the lie.
- Everybody then holds up one, two or three fingers to show which statement they think is the lie.

2. **Face to Face**

- Have participants find partners and stand back to back.
- When ‘Face to Face’ is called out each person finds a new partner and begin discussing the question that is asked. (i.e. What are you looking forward to this summer? What about this weekend? Have you ever flown coast to coast before? What’s been your favorite DB activity so far?)
- When ‘Back to Back’ is called out the duo turn and place their backs together. Its amazing how the talking will stop as soon as people are not facing one another!
- Then ‘Front to Front’, each person finds a new partner and begins a new discussion.



3. **Hat, People** (hat or anything to throw in middle)

- Have the group circle up.
- Everyone in the group looks down at the ground at a hat that's been placed in the center of the circle.
- You say "People" at which point everyone in the group looks up and stares at any other person in the group.
- If that person they are looking at happens to be staring at them, they are both out until the next round. (you can have them scream madly as they get out if you would like)
- This can be a fun way to get kids in pairs - like to meet a new person.

INSPIRATIONAL TIE-INS

1. **Qualities:** Everyone's name gets written on a sheet of paper. Each person is given a person's name (of whom they don't know) and they are supposed to get to know this person over the event-without letting each other know who they are assigned to. They then write the qualities they think their assignee best represents on the back of the sheet of paper. At the end of the event, all of the names are collected and then passed out to the individuals who they belong to.
2. **Gratitude & Inspiration Sharing:** Gather in a group and give everyone the opportunity to share their highlights, healings, and inspiration from the event.
3. **Carol-healing:** Split up in groups and each group write a combination of testimonies/ healings they've experienced over the year, but in a carol format. Take turns singing your carol-healings out loud to one another.
4. **Focus Topic: Light-Miracles-Angels-Christ:** Tie in a metaphysical theme to your event, ie: "light" if doing a Christmas light activity, "Miracles" if doing a Christmas movie marathon (Miracle on 34th St), etc. At the end of the activity, or throughout, take time to discuss how the world views these topics and how we each view the topic (or see the topic in action) from a spiritual standpoint--at Christmas and year-round.
5. **Verse Match-Up:** For a mixer, have a verse printed out (maybe laminated) and split into two. Hand out one piece to each person as they arrive. Everyone finds the other mate to the piece.. Once everyone is has their matching verse, they can take turns reading aloud.



6. **Blogging Discussion:** Post large butcher paper on the wall or large table and put a question or idea in a bubble in the center. (ie What is DB to you? What is healing?) Give everyone a different color marker and facilitate their answering this question in a blog format. Encourage them to read one another's comments and question/comment back. This often leads to natural verbal dialog. Once they've explored the question, introduce/write a new one (ie. follow "What is healing with "What qualities contribute to healing?" Comments might go from Healing is a change of consciousness" to Forgiveness Overcoming fear" or "Gratitude".) When you've encourage interaction and facilitated the written dialog, then you have a jumping off point for discussion. Bring everyone back together and ask them what they have learned.

WAIVERS – PHOTO/TESTIMONY RELEASE

Don't forget to have the participants sign a Photo and Testimony Release if needed. Waivers for both **youth** and **adults** can be found in the Appendix.

If your venue requires a special waiver or permission slip, make sure to have participants complete them upon arrival or prior to the event.



Post Game

SET UP ONLINE EVENT PHOTO GALLERY

- Go to: www.smugmug.com
- Login: audbcommunity@discoverybound.org
- Password: audb_photos!
- Mouse over the tab at the top that says "DB Gallery" then click "home page"
- Click on the link at the top right that says "Legacy SmugMug" or "Back to old SmugMug"
- Click on the link titled: DB Chapters and then select your chapter name
- Click on the "upload" tab and select "new gallery"
- Gallery Name: Type in event name (**Cold Days Warm Hearts**)
- Click Save at the bottom right
- Begin uploading photos by dragging and dropping photos into the box or selecting the "browse button"
- When you are finished: click "I'm done uploading" at the bottom right
- You can then share this link with your chapter so they can view photos (copy and paste link from browser), or if you'd like them to upload photos to the album as well, share the instructions with your participants as listed below in the follow up email.

THANK YOU EMAIL TO PARTICIPANTS & HELPERS

Subject: (Sample) Thank you for joining our DB Cold Days-Warm Hearts Event!

Email: Dear _____ Chapter Friends and Supporters!

We loved having everyone share in the fun and inspiration of our Cold Days Warm Hearts Event on____(day of event). Thank you so much for coming (and bringing goods to share with _____)! We enjoyed connecting with everyone _____, _____, and_____.

We have some photos of the event on DB's Smugmug account to share with you. See the link below the signatures for the photos and how to share yours. We would love to see yours if you have any.

If you'd like to share any inspiration or gratitude from the event, please feel free to message us anytime! Also, if you would like to help support the chapter with an upcoming event or know of anyone who would like to be added to our



distribution list, don't hesitate to contact us. We would love to hear from you!

(Close with an idea from the metaphysical theme or inspirational sharing)

With gratitude,

_____ (name)_____ DiscoveryBound Chapter

How to view and add photos to DB's online gallery:

- Go to: www.smugmug.com
- Login: audbcommunity@discoverybound.org
- Password: audb_photos!
- Scroll over the tab at the top that says "DB Gallery" then click "home page"
- Click on the link at the top right that says "Legacy SmugMug" or "Back to old SmugMug"
- Click on the link titled: DB Chapters and then select our chapter name
- Click on the event titled: DB Cold Days Warm Hearts
- Click on the tab titled "upload" and choose to upload "to this gallery"

EVENT REPORT REMINDER

Remember, by completing an event report (link below), your chapter receives a \$50 credit towards DB's regional/national events. We LOVE hearing about your event in detail!

<http://www.discoverybound.org/page.aspx?pid=914>

(Under "Post Event Checklist" click on the "Event Report" link)



Appendix



DB Chapters: How to advertise on DB's Facebook Page! (2 pages)

Getting Started: *Contact your DB Regional Manager to let them know your chapter is interested in advertising events on DB's Facebook page. DB will assign 1 contact from your chapter "admin status" on our Facebook page. This status is specifically to advertise events for your chapter. Admin status can be revoked at any time if used improperly or for other purposes. All posts should be DB appropriate. Be sure to read DB's guidelines before posting on our page.*

1. DiscoveryBound Facebook Fan Page: www.facebook.com/DiscoveryBound
2. Click on the empty text box where it says, "What's on your mind?"
3. Type in the details about your *event!* Who, What, When, Where (1-2 posts MAX per event).
4. Add a relevant/appropriate photo by clicking on the "photo/video" button and then downloading a photo from your computer
5. **Before clicking "POST," select the right audience!!**
6. Click on the down arrow next to the word "Public"
7. Select "Location/Language"
8. Location: "United States"
9. Select the bullet point: "by city"
10. Enter the names of the surrounding cities where you would like to promote the event! (I.e: Stay within your immediate region when posting about local events. If your event is larger, feel free to include surrounding states. If you'd like to share your event/idea with the entire country, *you may chose to target your audience to the entire U.S a maximum of one time per event*)
11. Do not edit the language tab unless you need to advertise an event in a language other than English.
12. Select "Gate Post"
13. You will now see the DB Fan page with your comment ready to go and next to "POST" it should say, "Custom."
14. Click POST
15. Your comment and photo/video will now be listed on DB's fan page for all audiences in the surrounding region you selected to see!

16. Log out of DB Admin Status! (Click flower at top right corner of screen and then click on your name)

- You have properly logged out if your profile thumbnail photo is now displayed next to your name.
- You have not properly logged out if DB's logo thumbnail still shows next to your name. You should log out before continuing on Facebook. See DB Facebook video tutorial for clarification if needed.
- In order to return to DB's Facebook page, as yourself (not a DB admin), just type in "DiscoveryBound" at the top search bar. When you comment or like something on DB's Facebook page at this point, it should show up as a comment from you, not DB.

DB Chapter Event Promotions-Facebook Guidelines

Goal	Give chapters a simplified method to advertise events while gaining synergy and marketing presence on DB's FB page
Settings	1 FB admin status per chapter. Should not be shared with others. If individual stops being active with DB chapter, they should inform DB. DB will remove their admin status and give to another chapter worker.
Post Quantity	A maximum of 2 relevant and DB appropriate posts per event (before and/or after). Links, photos, and videos can be included so long as they are relevant and within DB standards.
Post Audience	Local Events: Post to surrounding/nearby cities. Chapter-run regional events: post to surrounding states. Chapters can target the event audience to the entire country, ie: "United States," if they have an event or idea they'd like to share with all DB Facebook fans. (This should occur no more than 1x per event).
Conversation monitor	Whoever posts the topic or event must track conversation accordingly and respond as necessary (if questions asked etc). Monitor should notify Regional Manager immediately if conversation becomes innapropriate or is misrepresenting the organization
Groups	To better maintain a simplified system for chapters, including a sense of direction and DB marketing presence, DB prefers that chapters advertise their events through flyers, our DB Facebook page, our photo gallery on Smugmug, and our DB website event calendar. Facebook "groups" are not preferred, unless requested by a chapter that is active, has a minimum of 15 members, and will utilize the FB group on a quarterly basis or more.
FB-Priviledges Withdrawn	DB chapter groups or admin status may be eliminated from individual's at any time for inappropriate conversations, misrepresentation of the organization, or for not following DB's Facebook posting guidelines.



DiscoveryBound Permission Slip

_____ (event)
_____ (dates)

This form must be filled out and returned with \$ _____ to ensure your place for _____ (event).

Please make checks payable to _____ and send to _____.

Name _____ Grade _____ Phone _____ Church _____

Address _____ City _____ Zip _____ Age _____

Email _____ Parents' Names _____ Gender _____

Parental Permission to Attend Activity

I give permission for _____ to attend the DiscoveryBound _____ (event). I understand that the weekend will include _____ and possible other activities. I understand that transportation will be provided by volunteer adult drivers (21 or older) and I hereby give my child or ward permission to ride with such drivers.

In the event of an emergency, I hereby direct the DiscoveryBound authorities or its agents to:

___ SEEK CHRISTIAN SCIENCE TREATMENT FROM A CHRISTIAN SCIENCE PRACTITIONER LISTED IN *THE CHRISTIAN SCIENCE JOURNAL*.

Give name and number of preference. _____

___ SEEK APPROPRIATE MEDICAL ASSISTANCE.

In either case, DiscoveryBound authorities or its agents will exercise reasonable judgment in administering on-the-scene first aid and will notify the parents or guardian at the earliest possible time.

I, _____, agree to release, indemnify and hold harmless DiscoveryBound, its staff and volunteer workers from any and all claims of liability or any injury or damage to any person or property whatsoever occurring in connection with the DiscoveryBound activities.

Signature of parent or guardian

Address (if different from above)

Phone number where you can be reached during this activity or other numbers we may contact in case of emergency.

NAME _____ PHONE _____

Alternate name and phone number to contact if I am unavailable.

NAME _____ PHONE _____



DiscoveryBound Adult Participant Event Waiver

PHOTO/TESTIMONY RELEASE

Unless otherwise notified, DiscoveryBound reserves the right to use photos, video footage, and/or fruitage of participants from this event in DiscoveryBound and Adventure Unlimited publications or web pages. Our policy is not to disclose the full name of participants.

Please initial here _____

THE UNDERSIGNED AGREES TO FULLY ABIDE BY THE TERMS OF ADMISSION AND THE POLICIES AS SET FORTH BELOW. In signing this waiver, I acknowledge my understanding of the following points and agree to cooperate fully with each one during the event.

1. A participant who is a Christian Scientist will do his/her best to live and demonstrate Christian Science and to rely on Christian Science healing in the event of a physical or mental need while at the event.
2. The standard conduct of DiscoveryBound events specifically includes refraining from the use or possession of tobacco products, alcoholic beverages, drugs of all kinds, and gambling. Participants will also refrain from sexual activity outside of marriage.
3. DiscoveryBound events are designed as group experiences. Participants will do their best to not embarrass or exclude others in the group.
4. Participants can be dismissed from the event at any time for not following DB policies. Such dismissal will be without refund.

ACKNOWLEDGMENT OF RISK

I release and waive any claim of liability against Adventure Unlimited/DiscoveryBound and it's staff/volunteers with respect to any injuries, illness, or death occurring from event activities. I agree to indemnify and hold harmless Adventure Unlimited/DiscoveryBound and it's staff/volunteers with respect to any claim asserted by or on behalf of myself as a result of any such harm.

Participant Signature: _____ **Date:** _____

Participant Printed Name: _____

Emergency Contact name: _____

Phone Number to reach contact: _____

Relationship: _____

DiscoveryBound Photo Release

Activity Name: _____ Date: _____

Unless otherwise notified, we reserve the right to use photos, video footage, and/or footage of participants from this program in DiscoveryBound and A/U publications or web pages. Our policy is not to disclose the full name of participants whose photos, video footage, and/or footage appear in these publications or web pages unless specifically authorized by the parents.

Teen's Signature

Parent's Signature

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