



**JOIN US FOR A COMMUNITY SERVICE
FUNDRAISER “TRASH-A-THON”**

(Grades 6-12, parents are invited too!)

We will be picking up trash and cleaning the areas of Houghton’s Pond in Milton, MA
(If you participate you can earn money to go towards local, regional and national events, camperships and you can receive a community service certificate)

When: Saturday, May 1, 2010 (Rain or Shine)

Where: We will be meeting at Houghton’s Pond Recreation Area (Blue Hill Reservation) in Milton, MA at 8:45am 695 Hillside St. Milton, MA (Directions: Take exit 3 (Houghton's Pond, Ponkapoag Trail exit) from Rte. 93. Follow the signs to Houghton's Pond.

Drop off & Pick up: 8:45am & 12:30pm
9:00am – 12pm picking up trash
(if you can only make part of it, that is ok!)

What to Bring: Sponsor sheets with money, old clothes & shoes

Metro Parkways will provide: Gloves, pickers, trash bags
Breakfast & Lunch will be provided by local restaurants

What to do: You must attend the Trash-A-Thon on May 1st. Call friends, Sunday School teachers, or neighbors to sponsor you in the Trash-A-Thon. You will be picking up trash from 9:00am – 12pm. They can sponsor you per hour, ie. 3 hours @\$5.00 = \$15.00. Contributions are tax deductible. Make checks payable to DiscoveryBound. A sponsor sheet is provided. If you are not sure who to call to sponsor you we have a list of our DiscoveryBound alumni that we could share with you.

RSVP & Questions: Lori Selby 781-956-9035 or Lee Anne Meidell at 978-635-0766



Trash-A-Thon Notes

1. We always start our event by meeting at a central location. Either at this location or at the pick-up site, we spend some time sharing metaphysical thoughts about what it is we are doing. We also have a practitioner supporting this event (actually, each of our events!).
2. Park and Recreation Districts will provide trash bags and pick up what is collected in their trucks if placed in one or two locations. This is a big help!
3. Have a photographer along to take pictures. Share these pictures in your newsletters and thank-you notes to sponsors.
4. Get teens and adults to go out and get sponsors.
5. One way to get kids started on getting sponsors is to have everyone go to a business where there are many phones. Role play calls with two or three kids before starting, going over what to say and how to respond. Then have each teen do their calls followed by sharing their results. Teens and adults should make our their calling lists ahead of time & come prepared with names, addresses, & phone numbers.
6. Be sure that as teens call, they write down how much the person is going to sponsor and how they will be paying. It is best if they can make a check out to “DiscoveryBound” and send in an envelope to the teen right away, or the teen can send them a return, pre-addressed envelope.
7. Give each teen a manilla folder with a clasp envelope (large) taped to the inside to put checks in. Collect checks two or three times as you go along. Photocopy the checks of each teen and attach to that teens record of who they have contacted. This is a good way to track what has transpired and to double check addresses and spelling of names/streets and zip codes. Be sure checks get deposited in a timely fashion.
8. Aim at collecting all sponsor pledges before trash day if at all possible. Stay close to kids during this process to be sure checks don’t get lost, forgotten, etc.
9. It is sometimes fun to throw in a couple of bottles with free movie tickets or surprises among the litter to be picked up as a surprise bonus.
10. To weigh amount of trash collected, bring a bathroom scale or just do an estimate item-by-item and total up. You will need this for newsletter or follow-up thank you letter.
11. Establish a buddy system so no one gets off too far from the group by themselves.

12. If collecting along side of a highway, or steep embankment, be extra cautious and alert.
13. Encourage kids to phone their sponsors back after event is over and tell them what happened.
14. As soon as possible after the event, prepare and mail out a thank-you letter to each sponsor. It is helpful to have everyone's signature on the letter as well as including pictures of the event. If sponsors have not sent in their contribution, include self-addressed stamped envelope and a reminder of pledge.
15. We generally have a picnic lunch and sometimes swim after the event is over (in warmer climates). Our timing has been to conduct the trash-a-thon from 9:00 a.m. to 12:00 p.m., followed by a picnic lunch. Parks often do an outdoor cleanup in April.
16. Be sure to include Headquarters Field Office in on follow-up thank you letter and pictures.
17. Some agencies may require liability insurance coverage, which can be obtained from the Business Manager at the A/U Headquarter's Office.
18. We have received both television and newspaper coverage of previous trash-a-thons. Coordinate with agency contact and neighborhood publications.
19. Sponsors do not have to be family members or church members/contacts, they can be neighbors, schools, businesses (especially in the area being cleaned up).
20. Expenses for trash-a-thon:
 - a. Film and developing
 - b. Trash bags if not provided by an agency
 - c. Gas and/or truck rental to haul trash to dump if agency not doing it
 - d. Ice and drinks (you can get this free from local vendors)
 - e. Snacks (you can get this free from local vendors)
21. Things to bring:
 - a. Gloves
 - b. Grubby clothes (wear in layers)
 - c. Encourage long pants/shirts
 - d. Change of clothing, particularly shoes and socks if working in creek area.
 - e. Rakes, shovels, pole to fetch things, saws and hatchets.
 - f. Sun screen



April 6, 2010

Dear Friends,

The DiscoveryBound Boston Youth Chapter experienced a joyous and bountiful 2009. We want to share with you some of the highlights of the past year as well as tell you about our exciting plans for 2010.

Our chapter is part of a growing and vibrant Christian Science community that brings youth and families together in a unique environment outside of home and Sunday School. DiscoveryBound is a year-round program for youth, family, and friends that provide inspiring recreational, leadership, and service activities on local, regional, national, and international levels. Our mission is to create an atmosphere where individuals experience Christian Science in action.

This past Memorial Day weekend Boston teens attended the Boston Youth Meeting. Over 200 teens from all over the US stayed at Northeastern University for the weekend. One highlight of the weekend included a visit to the Longyear Museum where they played "Jeopardy" with Mary Baker Eddy Trivia. Other activities were a scavenger hunt on the Boston Common, tours of The Mother Church, visiting the Mary Baker Eddy Library for the Betterment of Humanity, meeting with TMC youth and discussion sessions and a Harbor Cruise to end their last evening.

Over Labor Day Weekend, 30 Boston teens participated in the Discovery Series focused on the Entertainment Industry in Los Angeles, CA. We stayed in a youth hostel in Santa Monica near the beach and pier. The majority of the teens had never been to California! Activities included seeing famous Hollywood sites, a studio tour, and hands on workshops with Christian Science professionals in the entertainment field. Some of the workshops the teens got to choose from were – "Acting in the Profession", "Behind the Camera", "Fun with Improvisation" and "Auditions", "Hollywood Casting", and "Music for Television and Movies".

The National Leadership Council (NLC) is a servant-based leadership program that started 5 years ago. Key components of the curriculum are one to two-week summer programs including the following: a leadership course at a Christian Science camp, a high adventure expedition, attendance at various DB National events, a mission/service trip and a Counselor In Training Experience at a Christian Science camp of your choice. The NLC program runs from 8th grade to High School graduation. This year we now have 8 members from the Boston Chapter who play an active role and they will continue to support our Boston Chapter as leaders through their high school years.

One of most recent activities that took place was the Winter Weekend in New Hampshire. One of the National Leadership Council (NLC) members ran this regional event as her capstone project. She was in charge of all the details for the weekend like promotion, budget, lodging, the inspirational component, meals, get to know you games and much more. She enlisted a lot of our Boston NLC members to help her run the weekend. There were over 25 teens in attendance and it was a wonderful weekend of fun, inspiration and fellowship.

Other highlights of the past year include the following local activities:

- *Community Service Project at the Chestnut Hill Benevolent Association
- *Indoor Rock Climbing at Boston Rock Gym
- *OTM (Attending a Wednesday evening Testimony Meeting at TMC)
- *Owl Howl (All Night New Year's Eve Party)
- * Game Night

This coming Memorial Day Weekend, our teens will participate in the Discovery Series Focused on Space, Science and Technology in Houston Texas. They will visit the Johnson Space Center, a tram tour of the Saturn 5 Rocket, International Space Station trainer, historic mission control, build model rockets, space related scavenger hunt and small group discussions and inspirational talks on science and space and their relationship to Christian Science.

Over Labor Day Weekend, parents and teens are invited to a Leadership Conference at the Adventure Unlimited Ranches in Buena Vista, Colorado. They will connect with hundreds of CS teens and adult chapter workers for an amazing weekend. There will be a keynote speaker, small group discussions and enjoy camp activities.

Each spring we do a fund raising project and this year we are picking up trash and cleaning around the Shea Memorial Skating Rink in Quincy, MA on Saturday, May 1st from 9 a.m. -12 noon. Many of our youth will be looking for sponsors for this event. You may be receiving a call from them within the next few weeks. Can we count on you? (enclosed is a contribution slip)

Your contribution to DiscoveryBound directly supports the character and spiritual development of local youth through Christian Science. Over the past few years we've seen an increase in attendance, along with an increase in event expenses such as rising transportation costs. Also, more parents are seeking financial assistance for their participation.

As you can see, through all our activities DiscoveryBound seeks to engage youth to develop leadership qualities and commitment to their local communities and churches thereby positively impacting the world around them. We have included a fruitage page that will give you a sense of the spiritual growth that is taking place. There are many things to be thankful for and your continued support is one of them.

With Warm Regards,

DiscoveryBound Boston Youth Chapter
Adult Board: Lori Selby, Oliver Selby, Lee Anne Meidell, and Rex Nelles

Trash-A- Thon Calling Talking Points

Hi! My name is _____

I'm calling with the DiscoveryBound Boston Youth Chapter. This year we are participating in a Trash-A-Thon. You may have received a letter in the mail recently about this. (pause) It's a community service project which also serves as a fundraiser to help Christian Science juniors and teens with our local activities, Regional and National Programs, camperships to any Christian Science Camp and the upcoming Houston event focused on Space Science and Technology and in September the Teen Leadership Conference at the A/U Ranches in Colorado.

On Saturday, May 1st, from 9-12 a group of juniors, teens and adults will be picking up trash raking, pruning and cleaning the areas of Houghton's Pond in Milton, MA

The way it works is we get sponsors to pledge a flat amount or picking up trash per hour. We are picking up for 3 hours. People have pledged \$5.00 per hour and/or \$10 per hour. Or you can choose whatever amount you would be comfortable doing.

Would you like to sponsor us for this year's clean up?

Make check payable to DiscoveryBound and send to
Oliver Selby, Treasurer, 439 Morton St. Stoughton, MA 02072

THANK YOU!!!!

Trash -A -Thon Food Donation Sample Letter



Attention: Tammy
McDonalds, Hyde Park

From: DiscoveryBound Boston Youth Chapter

Dear Friend,

DiscoveryBound Boston Youth Chapter is a non-profit youth organization serving the Greater Boston area. Our youth group (Grades 6-12) is participating in a Community Service Fundraiser "Trash-A-Thon" that we are sponsoring on Saturday, May 15th from 9:00 a.m. – 12:00 noon at Moynihan Park in Hyde Park, MA. We will be picking up trash and cleaning the areas of the park. Our youth will get financial sponsors for this event on their own time. We are working with the Department of Conservation/Recreation in Hyde Park for this project. We are expecting at least 15-25 youth and adult chaperones for this event.

We are interested in receiving a donation of hamburgers, cheeseburgers and French fries for everyone after they have cleaned up the park. They will be hungry! We are happy to pick up the donation from McDonalds in Hyde Park around 11:45 on Saturday and return to the park to eat.

We look forward to hearing from you. You may reach me at 781-341-0228.

With Sincere Gratitude,

Lori Selby
DiscoveryBound Boston Youth Chapter

Tax ID # 430-798-771

Thank You for your tax-deductible contribution to DiscoveryBound!

YES! I would like to sponsor a DiscoveryBound Youth for the Trash-A-Thon

- \$5.00 per hour x 3 hours = \$15.00
- \$10.00 per hour x 3 hours = \$30.00
- \$25.00 per hour x 3 hours = \$75.00
- Other _____ General Contribution

Please make checks payable to DiscoveryBound and send to:
Oliver Selby, Treasurer, 439 Morton St. Stoughton, MA 02072

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Trash-A-Thon Thank You Note Sample



May 11, 2010

Dear Friends,

Thank you for helping to make the DiscoveryBound Boston Youth Chapter Trash-A-Thon a HUGE success. We appreciate your donation, and we enjoyed earning it. We had 20+ attend the Trash-A-Thon on Saturday, May 1st which included middle school, high school aged youth and adults. We are most grateful for the picture perfect day! Everyone was in good spirits and had a great time! We raked up pine needles, pine cones, and leaves that were on the beach at Houghton's Pond. We also cleaned up trash in the surrounding area. The teens even took a little dip (up to their knees) in the pond after their hard work. It was very refreshing!

Sheila, one of the Department of Conservation & Recreation employees was really impressed with our group and she commented on how nice the kids were and how hard they worked. She was thrilled to hear about DiscoveryBound and to hear the wonderful programming for youth!

Your kind sponsorship donation has helped significantly in strengthening our Chapter treasury. The funds will be used to help underwrite the roughly 15 activities we have each year for the community wide Christian Science youth. This includes local, regional, national activities and camperships.

Feel free to visit our national web site at www.discoverybound.org.

We have enclosed a collage of photos of our DiscoveryBound experiences and signatures from all of us at the Trash-A-Thon.

With Much Gratitude,

DiscoveryBound Boston Youth Chapter